

Psychiatrists and Therapy Providers for Johnston County and Surrounding Areas

Clayton & Surrounding Areas	Services
Blue Lotus Healing Center, LLC 8838 US Bus Hwy 70W, Ste 200C Clayton, NC 27520 919-946-8644	Specializes in children and young adults ages 3 to 21; also sees adults & works with abused and neglected children as well as families; Accepts Cigna, BCBS, Medcost Also accepts Medicare
Child, Adolescent, and Adult Psychiatry 8868 US Bus. Hwy 70w Ste 200D Clayton, NC 27520 919-783-8377	Specializes in child and adolescents. Psychiatric services. Accepts Medicare, Medicaid, Tricare, Cigna, BCBS and United Behavioral Health.
Child & Family Counseling Services 105 N. Church St., Ste. B Clayton, NC 27520 919-585-4589	Adult (Individual & Group), Child (no min. age) & Adolescent Therapy; Marriage & Family Counseling Accepts Medicare
Cleveland Counseling Center 141-K Technology Drive Garner, NC 27528 919-779-6612	Psychological Testing ; Adult, Child & Adolescent therapy; Family and Couples Counseling Accepts most insurances & has sliding scale fees
Community Link Counseling Services 349 Technical Ct. Garner, NC 27529 919-264-5332	Psychotherapy, Cognitive Based Therapy-Trauma Focused for individuals, couples, and groups. SA assessments and counseling for individuals and groups. Accepts Medicaid, BCBS, and Sliding Scale fee
DWI Services, Inc. A subsidiary of Johnston Counseling Services 505 East Main St. Clayton, NC 27577 919-550-7394	DWI assessments and treatment. Does not accept Insurance at Clayton office but can accept insurance at Smithfield location.
Essential Supportive Services 1641 Old US Hwy 70 West Clayton, NC 27520 919-550-0639 www.essentialsupportiveservices.com	<i>Psychiatric Services</i> three days a week, Individual & family therapy for adults and children, SA treatment Accepts Medicaid, BCBS, Tricare
First Step Services 136 Hwy 70 Ste 201 Garner, NC 27529 919-329-9487	<i>Provides Substance abuse services to individuals 12 and up. DWI Services. FACE/ACE programs. Same day assessments available. Insurance accepted: United Health, Cigna, BCBS, Aetna, Med Cost, Optima, and Sliding scale fee.</i>
Garner Psychiatry 893 US Hwy 70 W., Ste 200 Garner, NC 27529 919-585-6461 www.garnerpsychiatry.com	Adult psychiatric services Accepts Medicare
Johnston Psychiatric Associates 112 Ellington Street Clayton, NC 27520 919-550-3323	<i>Psychiatric Services</i> ; Child, adolescent, & adult therapy; family & individual therapy, SA treatment. Evening & weekend hours. Accepts Medicare, Tricare, BCBS, Aetna, & others
Kraft Psychological Services, PA 221 Barbour St. Clayton, NC 27528 919-550-0500	Group and individual therapy with adults and adolescents Psychological Testing
A New Start Support Services II, LLC 935 Shotwell Rd, Ste 104A Clayton NC 27520 919-359-0669	Sees adolescents, & adults for individual & group therapy; Specializes in anger management, substance abuse services, DWI assessments and groups
One-Eighty Counseling, PA 109 Professional Court, Ste. 103 Garner, NC 27529 919-772-1990	Individual & group therapy for children (ages 5 & up), adolescents, and adults up to age 65. Works with anxiety/depression, grief & loss, school/behavioral problems, women's issues Accepts BCBS, Cigna, and UBHC

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Smithfield/Selma/Benson	Services
Carolina Counseling 1662 Booker Dairy Rd. Smithfield, NC 27577 919-938-0046	Mental Health and SA treatment for Adults, Children (ages 6 & up), & Adolescents, Family & Couples Therapy; Most insurance accepted Accepts Medicare; \$35 fee for No Shows
Carolina Support Services 200 S. Pollack St. Ste A Selma, NC 27576 919-965-6770	Individual and group therapy for children and adolescents. Accepts Medicaid.
The Carter Clinic 723 South 3rd Street, Suite A Smithfield, NC 27577 919-848-0132	<i>Psychiatric services</i> ; child (age 4 & up), adolescent, and adult services; individual, couples, and family counseling; substance dependence counseling, testing for learning disabilities Accepts Medicare, BCBS, Cigna, United Health Care
CBLAC 1302 West Market St. Smithfield, NC 27577 919-989-1786	Psychiatric Services ; individual and group therapy for mental health and Substance abuse. DWI assessment and treatment. Accepts Medicaid *Adults Only*
Day By Day 1101 River Rd. Selma, NC 27576 919-965-6550	DWI assessment and treatment; Substance abuse groups Accepts insurance, Medicaid, and self-pay. *Adults Only*
Destiny Counseling Connection 109 E. Oak St. Selma, NC 27576 102 Market St. Benson, NC 27504 216 Peedin St. Smithfield NC 27577 12450 Cleveland School Rd Suite 205 & 206 Garner NC 27529 919-502-9361 <i>Spanish speaking clients can call 919-763-2576</i> www.destinycounselingconnection.com	Individual and Family Therapy for adults, adolescents, & children; <i>Psychiatric services</i> on site in Garner (40/42) one day a week Accepts Medicaid, BCBS, Champus, & sliding scale fees, (MD accepts Medicaid & insurances only)
Divine Appointment Counseling Services, PA 704 S. Wall St. Benson, NC 27504 919-894-8002 www.divineapptcounseling.com	Individual, group, & marriage/family therapy services for children (ages 4 & up), adults, & adolescents; Specializing in faith development, life transitions, PTSD, "at-risk" youth, and grief issues; Accepts Tricare, Aetna, BCBS & has sliding scale fees
Johnston Counseling Services 111 North 2nd Street Smithfield, NC 27577 919-938-0921	Court ordered SA treatment; ADETS & DWI assessments, Individual & group therapy for mood disorders, anxiety, grief, stress, addiction, and dual diagnosis *Adults Only*
NOVA- IC 1329 N. Brightleaf Blvd Smithfield, NC 27577 919-934-3192	Individual, group, and family therapy services for children and adolescents (age 5-20). Specializes in addressing disruptive behavior, substance abuse, parenting skills, and therapy. Accepts Medicaid, Health Choice, Tricare, BCBS, and Cigna
Pathways to Life 1420 S. Pollock St. Unit A Selma, NC 27576 919-938-0442	Individual and family therapy for adults, adolescents, & children (ages 4 and up). Accepts Medicaid & sliding scale fees.
Restoration Family Services 15 Noble St. Smithfield NC 27577 919-938-9502	Child and adult individual and family therapy; Specializes in grief counseling and cognitive-behavioral therapy. Offers Anger management for children and adolescents.
Savin Grace 115 N. 3rd St. Smithfield, NC 27577 919-779-6595	Adult individual and group therapy. Substance Abuse Services including SAIOP day and evening groups. Accepts Medicaid and Medicare.