

Psychiatrists and Therapy Providers for Johnston County and Surrounding Areas

Clayton & Surrounding Areas	Services
Blue Lotus Healing Center, LLC 8838 US Bus Hwy 70W, Ste 200C Clayton, NC 27520 919-946-8644	Specializes in children and young adults ages 3 to 21; also sees adults & works with abused and neglected children as well as families; Accepts Cigna, BCBS, Medcost Also accepts Medicare
Dr. Andy Brown, PhD 105 Church St. Clayton, NC 27520 919-412-7990	Child (ages 6 and up), adolescent, and adult therapy Evening Hours available
CB Recovery Services 21 Anna Drive, Ste 105&106 Clayton NC 27520 919-585-5020 www.cbrecoveryservices.com	Adult therapy for Substance Abuse and Trauma. DWI Classes Family Program for substance abuse Bilingual services
Child & Family Counseling Services 105 N. Church St., Ste. B Clayton, NC 27520 919-585-4589	Adult (Individual & Group), Child (no min. age) & Adolescent Therapy; Marriage & Family Counseling Accepts Medicare
Cleveland Counseling Center 141-K Technology Drive Garner, NC 27528 919-779-6612	Psychological Testing; Adult, Child & Adolescent therapy; Family and Couples Counseling, SA Accepts most insurances & has sliding scale fees, Medicaid, does not accept Medicare
Community Link Counseling Services 349 Technical Ct. Garner, NC 27529 919-264-5332	Psychotherapy, Cognitive Based Therapy-Trauma Focused for individuals, couples, and groups. SA assessments and counseling for individuals and groups. Accepts Medicaid, BCBS, Tri-Care, Health Choice & Sliding Fee Scale
Essential Supportive Services 1641 Old US Hwy 70 West Clayton, NC 27520 919-550-0639 www.essentialsupportiveservices.com	Psychiatric Services three days a week, Individual & family therapy for adults, SA treatment Accepts Medicaid, Tricare
Garner Psychiatry 893 US Hwy 70 W., Ste 200 Garner, NC 27529 919-779-6461 www.garnerpsychiatry.com	Adult psychiatric services Accepts Medicare
Growing Child Psychological Services 500 Gateway Dr. Clayton, NC 27520 919-585-9001	Consultation, Assessment and Psychological Testing; Child and Adolescent Therapy only *Does not see adults*
Jacob's Ladder Childhood Therapies 8928 Bus. Hwy 70-W, Suite 100 Clayton, NC 27520 919-550-7397	Offers individual, group, family, and play therapy to children birth to 13 years old. Specializes in Child sexual/physical abuse victims, neglect issues, PTSD, Autism Spectrum D/O, Adjustment D/O, Anxiety, Depression, ODD, ADHD, and RAD. Bilingual services Accepts Medicaid & Sliding Fee Scale
Johnston Psychiatric Associates 112 Ellington Street Clayton, NC 27520 919-550-3323	Psychiatric Services ; Child, adolescent, & adult therapy; family & individual therapy, SA treatment. Evening & weekend hours. Accepts Medicare, Tricare, BCBS, Aetna, & others
Kraft Psychological Services, PA 221 Barbour St. Clayton, NC 27528 919-550-0500	Group and individual therapy with adults and adolescents Psychological Testing
Licensed Professional Counselors 223 Hwy 70, Ste. 150 B Garner, NC 27529 919-880-1007 919-414-7712 910-890-1626	Therapy services for children, adolescents, adults, & couples; Speciality areas: PTSD, depression, parenting, anger management, life transitions, grief, faith issues Most insurances accepted and has siding scale fees

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A New Start Support Services II, LLC 11373 US Business Hwy 70 West Clayton NC 27520 359-0669	Sees adolescents, & adults for individual & group therapy; Specializes in anger management, substance abuse services, DWI assessments and groups
One-Eighty Counseling, PA 109 Professional Court, Ste. 103 Garner, NC 27529 919-772-1990	Individual & group therapy for children (ages 5 & up), adolescents, and adults up to age 65. Works with anxiety/depression, grief & loss, school/behavioral problems, women's issues Accepts BCBS, Cigna, and UBHC
SouthWind Counseling and Consulting 11181-A Hwy 70W Clayton, NC 27520 919-359-9700 www.southwindcounseling.com	Counseling for ages 6 & up, Family & Couples therapy, Group therapy, SA treatment, PTSD, ADHD, anger management, Psychological Testing Accepts Magellan, BCBS, & Medcost
Turning Point Family Care, PLLC 935 Shotwell Rd., Ste. 104A Clayton, NC 27520 919-550-2629 www.tpacenter.org	<i>Psychiatric Services</i> Sees children (ages 4 & up), adolescents, & adults for individual & family therapy; Specializes in mood disorders, trauma, at risk youth, behavior disorders,
Smithfield/Selma/Benson	Services
Carolina Counseling 1662 Booker Dairy Rd. Smithfield, NC 27577 919-938-0046	Mental Health and SA treatment for Adults, Children (ages 6 & up), & Adolescents, Family & Couples Therapy; Accepts Carolina Access Medicaid, Medicare , most other insurance; \$35 fee for No Shows
Carolina Support Services 200 S. Pollack St. Ste A Selma, NC 27576 919-965-6770	Individual and group therapy for children and adolescents. Accept Medicaid
The Carter Clinic 19 Noble Street Smithfield, NC 27577 919-848-0132	<i>Psychiatric services</i> ; child (age 4 & up), adolescent, and adult services; individual, couples, and family counseling; substance dependence counseling, testing for learning disabilities Accepts Medicare, BCBS, Cigna, United Health Care
CBLAC 1302 West Market St. Smithfield, NC 27577 919-989-1786	Psychiatric Services ; individual and group therapy for mental health and Substance abuse. DWI assessment and treatment. Accepts Medicaid *Adults Only*
Day By Day 1101 River Rd. Selma, NC 27576 919-965-6550	DWI assessment and treatment; Substance abuse groups Accepts insurance, Medicaid, and self-pay. *Adults Only*
Destiny Counseling Connection 109 E. Oak St. Selma, NC 27576 12450 Cleveland School Rd Suite 205 & 206 Garner NC 27529 919-502-9361 <i>Spanish speaking clients can call 919-763-2576</i> www.destinycounselingconnection.com	Individual and Family Therapy for adults, adolescents, & children; <i>Psychiatric services</i> on site in Garner (40/42) one day a week Accepts Medicaid, Medicare, BCBS, Aetna, Cigna, Champus, & sliding scale fees, (MD accepts Medicaid & insurances only)
Divine Appointment Counseling Services, PA 704 S. Wall St. Benson, NC 27504 919-894-8002 www.divineapptcounseling.com	Individual, group, & marriage/family therapy services for children (ages 4 & up), adults, & adolescents; Specializing in faith development, life transitions, PTSD, "at-risk" youth, and grief issues; Accepts Tricare, Aetna, BCBS & has sliding scale fees
DWI Services, Inc. A Subsidiary of Johnston Counseling Services 111 North 2nd Street Smithfield, NC 27577 919-938-0921 505 East Main St. Clayton, NC 27520 919-550-7394	DWI assessment and treatment

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Smithfield/Selma/Benson	Services
Johnston Counseling Services 111 North 2nd Street Smithfield, NC 27577 919-938-0921	Substance abuse and mental health treatment for adults. Individual and group therapy. DWI services. Accepts Medicaid, BCBS, Cigna, Aetna, Medcost, Wellpath
Nova-IC 1329 N. Brightleaf Blvd Smithfield NC 27577 934-3192 Main Office 2307 Norwood Ave Goldsboro 27534 734-8803	Individual, group & family therapy services for children and adolescents (age 5 - 20) Specializes in addressing disruptive behavior, substance abuse, parenting skills, therapy, has enhanced services <i>Psychiatric services</i> in the Goldsboro office. Accepts Medicaid, Health Choice, Tri-care, BCBS, Cigna
Pathways to Life, Inc. 1329 N. Brightleaf Blvd, Suite A-1 Smithfield, NC 27577 919-938-0442	Individual and family therapy for adults, adolescents, & children (age 4 and up), has enhanced services Accepts Medicaid and offers a sliding scale fees
Restoration Family Services 15 Noble St. Smithfield NC 27577 919-938-9502	Child and adult individual and family therapy; Specializes in grief counseling and cognitive-behavioral therapy
Savin' Grace 115 North 3rd St. Smithfield, NC 27577 919-779-6595	Individual therapy for adults (mental health and substance abuse). Specializes in PTSD and Depression. Substance abuse groups. Accepts Medicaid
Services Provided In Home/Group Homes	Services
Community Care Service, LLC 5314 NC Hwy 55 Suite 103 Durham, NC 27713 919-544-3907	Individual, group, and family therapy for children (6 and up) and adults. Will see individuals in their homes or in a group home. Areas of speciality include: Disruptive behaviors, personality disorders, sexual abuse, PTSD, and CBT. Accepts Medicaid, Medicare, and offers a sliding scale fee.
Gateway Community Initiative, Inc 1401 N Arendel Ave. Zebulon, NC 27614 919-896-4380	Individual and group therapy for children (age 6 and up), adolescents and adults. Provides therapy in-home afternoon, evening and weekend services available. Specializes in PTSD, depression, conduct disorder and substance abuse Accepts DSS, DWI and court mandated clients Accepts Medicare, Medicaid, Aetna, BCBS, Humana, Tricare, sliding scale
New Leaf Behavioral Health 3725 National Drive, Ste 220, Raleigh NC 27612 919-781-8370 www.nlbh.org	<i>Psychiatric services</i> 40 therapists on staff with a wide range of specialties; works with children (ages 3 and up), adolescents, and adults. Psychiatric services office based in Raleigh. Provides therapy in-home for clients with Medicaid. Accepts Medicaid, most insurance, sliding scale
Psych Support 211 E. Six Forks Rd, Ste 204 Raleigh, NC 27609 919-850-3480	<i>Psychiatric services</i> Psychiatric services are office based in Raleigh. Provides in-home and office based therapy for adults; Dual Diagnosis
Yvonne James MS, LCAS 3753 Horseshoe Farm St. Raleigh NC 27610 919-896-6981	Individual therapy for adults. Specializes in substance abuse Provides therapy in client's homes Medicaid and sliding scale
Goldsboro/Mt. Olive	Services
East Carolina Psychiatric Consultants M. Sabanayagam, MD 916 11th St. Goldsboro, NC 27534 919-735-9119	<i>Psychiatric services</i> for children, adolescents, and adults Accepts Medicare, Medicaid, most insurances

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Family First Support Center, Inc
110 SW Center St. Mt. Olive, NC 28365
919-635-3344
www.familyfirst1.com

Individual, family, and group counseling; SA counseling
(Interested in working with clients in the Princeton area)

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Goldsboro/Mt. Olive	Services
Family Psychiatric Clinic Asha Kohli, MD 2300 US Hwy 70 West Goldsboro, NC 27530 919-736-0203	<i>Psychiatric services</i> for adults & adolescents, children-age 5 & up, ADHD therapy. Accepts Medicare, most insurances.
Family Works Psychological Center 1410 E. Ash St. Goldsboro, NC 27530 919-778-8551	Psychological Testing , individual therapy, family therapy for children, adolescents, & adults, substance abuse, DWI assessments Accepts Medicare, Medicaid, most insurances
Kirstin Huffine, MA, LPA 1700 East Ash St., Bldg A, Ste. 303 Goldsboro, NC 27530 919-330-4988	Psychological Testing Therapy for children, adolescents, & adults Call for insurances accepted.
Linda Newsome & Associates 2501 Wayne Memorial Dr, Ste B Goldsboro, NC 27534 919-739-9992	Child, Adult, & Family Therapy
Dunn	Services
Dunn Psychological Associates, PA 102 Tilghman Drive Dunn, NC 28335 910-892-5839	Child (ages 5 & up), adolescent, & adult therapy, including child sexual abuse, domestic violence, PTSD, marriage, family, & step-family issues, military family adjustment issues, testing services , grief, crisis & disaster counseling; Accepts most insurances including Aetna, UBHC, Medicare , sliding scale fees
Wilson	Services
Bridges of Hope 1206 Tarboro Street Wilson, NC 27893-35501 (877)467-3202 252-321-1621 ext 114 for intake	<i>Psychiatric Services</i> for adults, Individual therapy, group therapy incorporating wellness recovery, life skills, symptom management, anger management Accepts Medicaid, Medicare and Tricare
Family Services for Adults and Children, LLC 2841-D Daisy Lane Wilson NC 27896 252-991-2160 www.afamily.com	<i>Psychiatric Services</i> , Child (age 4 & Up), adolescent & adult therapy. Bilingual services Accepts Medicaid and Health Choice
Wake County (Partial Listing)	Services
JoAnn Bernat, LPC 1100 Logger Ct., Bldg. G103 Raleigh, NC 27609 919-333-6082 www.joannbernatlpcncc.com	Child, adolescent, & adult therapy; Specializes in working with eating disorders as well as Aspergers and Autism, DBT work, PTSD, rape and trauma, grief, marriage and couples counseling. Accepts BC/BS, Medcost, other insurance
Capital Counseling & Consulting, PLLC Jessica Waugman, LCSW 211 E Six Forks Rd., Ste. 201 Raleigh, NC 27609 919-602-9493	Clinical Assessments, SA, group therapy for Children (ages 5 & up), adolescents, and adults; Specializes in working with Sexual abuse, behavioral issues, and domestic violence Accepts Medicaid and sliding scale only
Carolina Community Mental Health Centers 4020-102 Capital Blvd. Raleigh, NC 27604 919-875-3211 www.carolinacmhc.com	Provides multicultural and bilingual services to families and individuals. Medication Management; Individual, couples, and group therapy; family therapy and education.
Carolina Partners 1055 Dresser Ct. Raleigh, NC 27609 919-876-3130 New patients call 919-929-9610 www.carolinapartners.com	<i>Psychiatric</i> and therapy services for children, adolescents, and adults Operates multiple sites providing services. Accepts most insurance
The Carter Clinic 183 Windchime Ct. Raleigh, NC 27615 Raleigh, NC 27615 919-848-0132 www.thecarterclinic.com	<i>Psychiatric services</i> ; child, adolescent, and adult services; individual, couples, and family counseling; substance dependence counseling and Suboxone treatment Accepts Medicare

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Wake County (Partial Listing)	Services
Catholic Charities 3000 Highwood Blvd., Ste 128 Raleigh, NC 27604 919-790-8533 x29 (for Spanish) 875 Walnut St. Cary, NC 27511 919-388-3065	Therapy services for Spanish-speaking individuals and families. Therapist is available on Mondays and Thursdays Operates on sliding scale
Community Connections Healthcare Services 333 E. Six Forks Rd, Suite 100 Raleigh, NC 27609 919-783-8080	Psychiatric Services ; individual and family therapy, clinical assessments (ages 4 and up). Accepts Medicaid, Medicare, Tricare, Health choice, and Sliding scale fee
Dove Supportive Services 3900 Barrett Dr., Ste 101 Raleigh, NC 27609 919-786-4388	Individual and group counseling for children (ages 6 and up), adolescents, and adults
East Wake Counseling and Consulting, PLLC 742 McKnight Dr. Suite 200 Knightdale, NC 27545 919-332-8495 www.eastwakecounseling.org	Individual, Family and group therapy. Parent-child dyad from 0-5. Spanish speaking therapist. Specializes in trauma, anxiety disorder, depressive disorder, PTSD, foster children, adoptive children, and childhood stressors. Accept Medicaid, BCBS, MedCost, Tricare, Cigna and offers sliding scale fee.
Healthy Minds Now 300 Asheville Ave., Ste. 240 Cary, NC 27518 919-346-3363 www.healthymindsnow.com	<i>Psychiatric services</i> , Diagnostic assessments, Outpatient Therapy, Medication management, Groups for adolescents with Depression, Anger, Self-esteem issues, Parenting Skill Building
Jennifer Kaylor, MSW, LCSW 211 E. Six Forks Rd. Suite 201, Raleigh, NC 27609 919-397-5111	Serves children (age 5 and up), adolescents, adults, and geriatric populations. Clinical assessments, family therapy, individual therapy, and substance abuse. Specializes in PTSD, anxiety and depression, behavioral issues, anger management in adolescents. Accepts Medicaid
Living Well Behavioral Health, Inc. 1300 Benson Rd, Ste. 110 Garner, NC 27529 919-803-2111 www.livingwellnc.com	<i>Psychiatric services</i> for adults, children, and adolescents. Accepts Medicare, Medicaid, BCBS, United Health Care, Cigna & Tricare
Jennifer McLucas LCSW, LCAS 602 E. Academy St. Suite 103 Fuquay-Varina, NC 27576 919-413-1668 www.jennifermclucaslcsw.com	Individual therapy for adults. Specializes in substance abuse, dual diagnosis and chronic illness Accepts Medicare, Medicaid, Coventry, Tricare, BCBS
Angela McLean, LMFT 1008-D Big Oak Ct. Knightdale, NC 27545 919-234-5149	Individual group, marriage & family counseling. ADHD parent training. Specializes in working with behavior problems, mood disorder, and ADHD. Accepts Medicaid, Medicare, BCBS, & sliding scale
Progressive Healthcare and Counseling Services, Inc. 4086 Barrett Dr. Raleigh, NC 27609 or 820 B College St. Clinton, NC 28328 919-520-1783	<i>Psychiatric services</i> ; individual and group therapy for children (age 5 and up), adolescents and adults. Specializes in Substance abuse, sexual abuse, offenders, personality disorders, PTSD, and Disruptive Behavior problems. Accepts Medicaid
Straight Walk Family Services 3101 Stonybrook Dr. Ste 108 Raleigh NC 27604 919-747-9172	<i>Psychiatric services, Spanish translator available,</i> Individual, family and group therapy for children (age 4 and up), adolescents and adults. Substance abuse counseling Tricare, BCBS, Health Choice, sliding scale
Tooley Group 106-D Ridgeview Dr. Cary, NC 27511 919-467-2464 www.tooleygroup.com	Bilingual services; sees children, adolescents, adults, and couples for therapy; psychological testing

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Triangle Family Services 3937 Western Blvd. Raleigh, NC 27606 919-821-0790 www.tfsnc.org	<i>Psychiatric services</i> , Bilingual services , individual and family therapy for adults, children, and adolescents, psychological testing , HIV/AIDS counseling, Accepts Medicare
Triumph 5505 Creedmoor Rd, Ste 100 Raleigh, NC 27612 919-852-5352 www.triumphcares.com	<i>Psychiatric services</i> , psychological testing , in-home and office based therapy for children, adolescents, and adults Accepts Medicare
Wake Counseling Associates, PLLC 1008 Big Oak Ct. Knightdale, NC 27545 919-200-6091 OR 919-723-8306 www.wakecounseling.com	Child (ages 7 and up), adolescent & adult therapy: individual, group, marriage & family therapy, anger management, parenting skills; Evening hours are available Medicaid, Cigna, BCBS, Sliding scale fees
Wake County Psychological Services, Inc. 1906 South Main St. Suite 120 Wake Forest, NC 27587 919-562-1080	Individual, group, marriage & family therapy for children (ages 5 and up), adolescents, adults, and geriatric populations. Accepts Medicaid, Medicare, BCBS, Tricare, Cigna, and sliding scale fee
Wake Teen 505 Oberlin Rd, Ste 204 Raleigh, NC 27605 919-828-0035 www.waketeen.org	<i>Psychiatric services</i> available to active therapy clients; Individual and family therapy
Wellness Supports 8390 Six Forks Rd., Ste. 201 Raleigh, NC 27615 919-782-8730 www.wellnesssupports.com	<i>Psychiatric services</i> , individual and family counseling for children, adolescents, and adults