

## Community Partners

*Behavioral Health Private Providers*

*CFAC –Johnston*

*Harbor*

*Johnston Community College*

*Johnston County Citizens*

*Johnston County DSS*

*Johnston County Mental Health*

*Johnston County Schools*

*Johnston County Youth Services*

*Johnston UNC Health Care*

*NAMI*

*ReEntry*

## Additional Information

If you would like further information or the training schedule, please contact:

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## Affiliations

The Johnston County CIT is affiliated with North Carolina CIT and CIT International



# Crisis Intervention Team

A specialized law enforcement response to persons in crisis.



# Johnston County Crisis Intervention Team

## Crisis Intervention Team (CIT)

The Crisis Intervention Team is an effective law enforcement training and response program designed for first responders who handle crisis calls involving people with mental illness, intellectual disabilities, and alcohol and/or substance abuse disorders. The CIT training is designed to:

1. Provide supportive measures and an “on-the-job-tool” that can be used by law enforcement personnel to enhance and maintain officer, consumer, and public safety.
2. Provide intervention strategies and alternatives to assist in directing individuals with mental illness to the appropriate healthcare systems during crisis contacts and reduce their involvement in the criminal justice system.



## History

The Memphis, Tennessee Police Department developed the first CIT program in 1988 following a 1987 incident in which officers fatally shot a 27-year-old suicidal man. The man had a long history of substance abuse and mental illness and was holding a knife at the time. The Memphis CIT Program was developed to better equip officers to respond to persons in crisis. CIT quickly spread to jurisdictions throughout the United States.

The first CIT program in North Carolina was established in Wake County in 2005. The Johnston County CIT program was established and graduated its first class of law enforcement officers in December 2011.



## Specialized Training

The Johnston County CIT Academy is based on the original model developed by the Memphis Police Department. Law enforcement officers earn CIT Certification by successfully completing an intensive 40-hour training and evaluation process. Continuing Education Credits are awarded by Johnston Community College. Training modules include:

- ◆ Crisis Intervention & Verbal De-escalation
- ◆ Signs and Symptoms of Mental Illness
- ◆ Suicide: Risk Factors & Intervention
- ◆ Simulated “Hearing Voices” Exercise
- ◆ Military & Veterans Issues
- ◆ Trauma & PTSD
- ◆ Personality Disorders
- ◆ Responding to Children and Adolescents
- ◆ Intellectual Disabilities/Autism
- ◆ Site visits to Treatment Programs
- ◆ Mobile Crisis Teams & Community Resources
- ◆ Homelessness & Mental Illness
- ◆ Interactive Role Plays
- ◆ Evaluation & Feedback from Certified CIT Officers

## Benefits of CIT

- ◆ Rapid and effective crisis response
- ◆ Enhanced de-escalation skills for officers
- ◆ Decrease in the use of force during crisis events
- ◆ Decrease in number of injuries to consumers
- ◆ Decrease in number of injuries to officers
- ◆ Decrease in the number of arrests for misdemeanors
- ◆ Cost savings in time and financial resources
- ◆ Officer and department recognition and appreciation

## Participating Departments

The Johnston County CIT Academy has trained first responders from the following agencies and divisions:

Benson Police Department

Clayton Police Department

Department of Public Safety– Division of Adult Corrections and Juvenile Justice

Local Fire Departments

Johnston UNC Health Care Hospital Security

Johnston County EMS

Johnston County Sheriff's Office

NC DMV

Other local out-of-county agencies

Princeton Police Department

Selma Police Department

Smithfield Police Department