

*Psychiatrists* and Therapy Providers for Johnston County and Surrounding Areas

Clayton & Surrounding Areas	Services
<b>Blue Lotus Healing Center, LLC</b> 8838 US Bus Hwy 70W, Ste 200C Clayton, NC 27520 919-946-8644	Specializes in children and young adults ages 3 to 21; also sees adults & works with abused and neglected children as well as families; Accepts Cigna, BCBS, Medcost <b>Also accepts Medicare</b>
<b>Child &amp; Family Counseling Services</b> 105 N. Church St., Ste. B Clayton, NC 27520 919-585-4589	Adult (Individual & Group), Child (no min. age) & Adolescent Therapy; Marriage & Family Counseling <b>Accepts Medicare</b>
<b>Cleveland Counseling Center</b> 141-K Technology Drive Garner, NC 27528 919-779-6612	<b>Psychological Testing;</b> Adult, Child & Adolescent therapy; Family and Couples Counseling, SA Accepts most insurances & has sliding scale fees, Medicaid, does not accept Medicare
<b>Community Link Counseling Services</b> 349 Technical Ct. Garner, NC 27529 919-264-5332	Psychotherapy, Cognitive Based Therapy-Trauma Focused for individuals, couples, and groups. SA assessments and counseling for individuals and groups. <b>Accepts Medicaid, BCBS, Tri-Care, Health Choice and Sliding Scale fee</b>
<b>Dr. Andy Brown, PhD</b> 105 Church St. Clayton, NC 27520 919-412-7990	Child (ages 6 and up), adolescent, and adult therapy Evening Hours available
<b>Essential Supportive Services</b> 1641 Old US Hwy 70 West Clayton, NC 27520 919-550-0639 <a href="http://www.essentialsupportiveservices.com">www.essentialsupportiveservices.com</a>	<i>Psychiatric Services</i> three days a week, Individual & family therapy for adults, SA treatment Accepts Medicaid, BCBS, <b>Tricare</b>
<b>Garner Psychiatry</b> 893 US Hwy 70 W., Ste 200 Garner, NC 27529 919-779-6461 <a href="http://www.garnerpsychiatry.com">www.garnerpsychiatry.com</a>	<i>Adult psychiatric services</i> <b>Accepts Medicare</b>
<b>Growing Child Psychological Services</b> 500 Gateway Dr. Clayton, NC 27520 919-585-9001	Consultation, Assessment and <b>Psychological Testing;</b> Child and Adolescent Therapy only <i>*Does not see adults*</i>
<b>Jacob's Ladder Childhood Therapy</b> 8928 Bus. Hwy 70-W, Suite 100 Clayton, NC 27520 919-550-7397	Offers individual, group, family, and play therapy to children birth to 13 years old. Specializes in Child sexual/physical abuse victims, neglect issues, PTSD, Autism Spectrum D/O, Adjustment D/O, Anxiety, Depression, ODD, ADHD, and RAD. <i>Spanish Speaking Services available</i> <b>Accepts Medicaid &amp; Sliding Fee Scale</b>
<b>Johnston Psychiatric Associates</b> 112 Ellington Street Clayton, NC 27520 919-550-3323	<i>Psychiatric Services;</i> Child, adolescent, & adult therapy; family & individual therapy, SA treatment. Evening & weekend hours. Accepts <b>Medicare, Tricare, BCBS, Aetna, &amp; others</b>
<b>Joseph Development, Inc.</b> 9921 US 70 Bus Hwy West, Clayton, NC 27520 919-550-3333	Individual counseling, family therapy, and group counseling. Substance abuse and HIV/AIDS counseling. Adults only (min. age 21) Specializes in Socioterapy and adults with antisocial behavior. <b>Accepts Medicaid and sliding scale fee</b>
<b>Kaalund Counseling &amp; Consulting, PLLC</b> 9921 US Bus. Hwy West, Clayton, NC 27520 919-550-3333	Individual counseling and group therapy. Substance abuse counseling. Child, Adolescents, Adults, and Geriatric (ages 5 and up) Specializes in depression, mood disorder, anxiety, PTSD, behavioral problems, gambling addiction, anger management, teen pregnancy, self-esteem, ADHD, and sexual abuse. <b>Accepts Medicaid, NC Health Choice, BCBS, Tricare, and sliding scale fee</b>
<b>Kraft Psychological Services, PA</b> 221 Barbour St. Clayton, NC 27528 919-550-0500	Group and individual therapy with adults and adolescents <b>Psychological Testing</b>

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<b>Licensed Professional Counselors</b> 223 Hwy 70, Ste. 150 B Garner, NC 27529 919-880-1007 919-414-7712 910-890-1626	Therapy services for children, adolescents, adults, & couples; Speciality areas: PTSD, depression, parenting, anger management, life transitions, grief, faith issues Most insurances accepted and has sliding scale fees
<b>A New Start Support Services II, LLC</b> 11373 US Business Hwy 70 West Clayton NC 27520 359-0669	Sees adolescents, & adults for individual & group therapy; Specializes in anger management, substance abuse services, DWI assessments and groups
<b>One-Eighty Counseling, PA</b> 109 Professional Court, Ste. 103 Garner, NC 27529 919-772-1990	Individual & group therapy for children (ages 5 & up), adolescents, and adults up to age 65. Works with anxiety/depression, grief & loss, school/behavioral problems, women's issues Accepts BCBS, Cigna, and UBHC
<b>Turning Point Family Care, PLLC</b> 935 Shotwell Rd., Ste. 104A Clayton, NC 27520 919-550-2629 <a href="http://www.tpcenter.org">www.tpcenter.org</a>	<i>Psychiatric Services</i> Sees children (ages 4 & up), adolescents, & adults for individual & family therapy; Specializes in mood disorders, trauma, at risk youth, behavior disorders,
<b>SouthWind Counseling and Consulting</b> 11181-A Hwy 70W Clayton, NC 27520 919-359-9700 <a href="http://www.southwindcounseling.com">www.southwindcounseling.com</a>	Counseling for ages 6 & up, Family & Couples therapy, Group therapy, SA treatment, PTSD, ADHD, anger management, <b>Psychological Testing</b> Accepts Magellan, BCBS, & Medcost
Smithfield/Selma/Benson	Services
<b>Carolina Counseling</b> 1662 Booker Dairy Rd. Smithfield, NC 27577 919-938-0046	Mental Health and SA treatment for Adults, Children (ages 6 & up), & Adolescents, Family & Couples Therapy; Most insurance accepted <b>Accepts Medicare; \$35 fee for No Shows</b>
<b>The Carter Clinic</b> 19 Noble Street Smithfield, NC 27577 919-848-0132	<i>Psychiatric services</i> ; child (age 4 & up), adolescent, and adult services; individual, couples, and family counseling; substance dependence counseling, testing for learning disabilities <b>Accepts Medicare, BCBS, Cigna, United Health Care</b>
<b>CBLAC</b> 1302 West Market St. Smithfield, NC 27577 919-989-1786	<b>Psychiatric Services</b> ; individual and group therapy for mental health and Substance abuse. DWI assessment and treatment. <b>Accepts Medicaid *Adults Only*</b>
<b>Day By Day</b> 1101 River Rd. Selma, NC 27576 919-965-6550	DWI assessment and treatment; Substance abuse groups Accepts insurance, Medicaid, and self-pay. <b>*Adults Only*</b>
<b>Destiny Counseling Connection</b> 109 E. Oak St. Selma, NC 27576 12450 Cleveland School Rd Suite 205 & 206 Garner NC 27529 919-502-9361 <i>Spanish speaking clients can call 919-763-2576</i> <a href="http://www.destinycounselingconnection.com">www.destinycounselingconnection.com</a>	Individual and Family Therapy for adults, adolescents, & children; <i>Psychiatric services</i> on site in Garner (40/42) one day a week <b>Accepts Medicaid, Medicare, BCBS, Aetna, Cigna, Champus, &amp; sliding scale fees,</b> (MD accepts Medicaid & insurances only)
<b>Divine Appointment Counseling Services, PA</b> 704 S. Wall St. Benson, NC 27504 919-894-8002 <a href="http://www.divineapptcounseling.com">www.divineapptcounseling.com</a>	Individual, group, & marriage/family therapy services for children (ages 4 & up), adults, & adolescents; Specializing in faith development, life transitions, PTSD, "at-risk" youth, and grief issues; Accepts <b>Tricare, Aetna, BCBS &amp; has sliding scale fees</b>
<b>Johnston Counseling Services</b> 111 North 2nd Street Smithfield, NC 27577 919-938-0921	Court ordered SA treatment; ADETS & DWI assessments, Individual & group therapy for mood disorders, anxiety, grief, stress, addiction, and dual diagnosis <b>*Adults Only*</b>
<b>Restoration Family Services</b> 15 Noble St. Smithfield NC 27577 919-938-9502	Child and adult individual and family therapy; Specializes in grief counseling and cognitive-behavioral therapy

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<b>Goldsboro/Mt. Olive</b>	<b>Services</b>
<b>East Carolina Psychiatric Consultants</b> M. Sabanayagam, MD 916 11th St. Goldsboro, NC 27534 919-735-9119	<i>Psychiatric services</i> for children, adolescents, and adults <b>Accepts Medicare, Medicaid, most insurances</b>
<b>Family First Support Center, Inc</b> 110 SW Center St. Mt. Olive, NC 28365 919-635-3344 <a href="http://www.familyfirst1.com">www.familyfirst1.com</a>	Individual, family, and group counseling; SA counseling <i>(Interested in working with clients in the Princeton area)</i>
<b>Family Psychiatric Clinic</b> Asha Kohli, MD 2300 US Hwy 70 West Goldsboro, NC 27530 919-736-0203	<i>Psychiatric services</i> for adults & adolescents, children-age 5 & up, ADHD therapy. <b>Accepts Medicare, most insurances.</b>
<b>Family Works Psychological Center</b> 1410 E. Ash St. Goldsboro, NC 27530 919-778-8551	<b>Psychological Testing</b> , individual therapy, family therapy for children, adolescents, & adults, substance abuse, DWI assessments <b>Accepts Medicare, Medicaid, most insurances</b>
<b>Kirstin Huffine, MA, LPA</b> 1700 East Ash St., Bldg A, Ste. 303 Goldsboro, NC 27530 919-330-4988	<b>Psychological Testing</b> Therapy for children, adolescents, & adults Call for insurances accepted.
<b>Linda Newsome &amp; Associates</b> 2501 Wayne Memorial Dr, Ste B Goldsboro, NC 27534 919-739-9992	Child, Adult, & Family Therapy
<b>Dunn</b>	<b>Services</b>
<b>Dunn Psychological Associates, PA</b> 102 Tilghman Drive Dunn, NC 28335 910-892-5839	Child (ages 5 & up), adolescent, & adult therapy, including child sexual abuse, domestic violence, PTSD, marriage, family, & step-family issues, military family adjustment issues, <b>testing services</b> , grief, crisis & disaster counseling; Accepts most insurances including Aetna, UBHC, <b>Medicare</b> , sliding scale fees
<b>Wilson</b>	<b>Services</b>
<b>Bridges of Hope</b> 1206 Tarboro Street Wilson, NC 27893-35501 (877)467-3202 252-321-1621 ext 114 for intake	<i>Psychiatric Services</i> for adults, Individual therapy, group therapy incorporating wellness recovery, life skills, symptom management, anger management Accepts Medicaid, Medicare and Tricare
<b>Family Services for Adults and Children, LLC</b> 2841-D Daisy Lane Wilson NC 27896 252-991-2160 <a href="http://www.afamily.com">www.afamily.com</a>	<i>Psychiatric Services</i> , Child (age 4 & Up), adolescent & adult therapy. <b>Bilingual services</b> Accepts Medicaid and Health Choice
<b>Wake County (Partial Listing)</b>	<b>Services</b>
<b>JoAnn Bernat, LPC</b> 1100 Logger Ct., Bldg. G103 Raleigh, NC 27609 919-333-6082 <a href="http://www.joannbernatlpcncc.com">www.joannbernatlpcncc.com</a>	Child, adolescent, & adult therapy; Specializes in working with <b>eating disorders</b> as well as Aspergers and Autism, DBT work, PTSD, rape and trauma, grief, marriage and couples counseling. Accepts BC/BS, Medcost, other insurance
<b>Capital Counseling &amp; Consulting, PLLC</b> <b>Jessica Waugman, LCSW</b> 211 E Six Forks Rd., Ste. 201 Raleigh, NC 27609 919-602-9493	Clinical Assessments, SA, group therapy for Children (ages 5 & up), adolescents, and adults; Specializes in working with Sexual abuse, behavioral issues, and domestic violence Accepts Medicaid and sliding scale only
<b>Angela McLean, LMFT</b> 1008-D Big Oak Ct. Knightdale, NC 27545 919-234-5149	Individual, group, marriage & family counseling. ADHD parent training. Specializes in working with behavior problems, mood disorder, and ADHD. <b>Accepts Medicaid, Medicare, BCBS, &amp; sliding scale</b>

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Wake County (Partial Listing)	Services
<b>Carolina Community Mental Health Centers</b> 4020-102 Capital Blvd. Raleigh, NC 27604 919-875-3211 <a href="http://www.carolinacmh.com">www.carolinacmh.com</a>	Provides <b>multicultural and bilingual services</b> to families and individuals. Medication Management; Individual, couples, and group therapy; family therapy and education.
<b>Carolina Partners</b> 1055 Dresser Ct. Raleigh, NC 27609 919-876-3130 <b>New patients call 919-929-9610</b> <a href="http://www.carolinapartners.com">www.carolinapartners.com</a>	<i>Psychiatric</i> and therapy services for children, adolescents, and adults Operates multiple sites providing services. Accepts most insurance
<b>The Carter Clinic</b> 183 Windchime Ct. Raleigh, NC 27615 Raleigh, NC 27615 919-848-0132 <a href="http://www.thecarterclinic.com">www.thecarterclinic.com</a>	<i>Psychiatric services</i> ; child, adolescent, and adult services; individual, couples, and family counseling; substance dependence counseling and Suboxone treatment <b>Accepts Medicare</b>
<b>Catholic Charities</b> 3000 Highwood Blvd., Ste 128 Raleigh, NC 27604 919-790-8533 x29 (for Spanish) 875 Walnut St. Cary, NC 27511 919-388-3065	Therapy services for Spanish-speaking individuals and families. Therapist is available on Mondays and Thursdays Operates on sliding scale
<b>Community Connections Healthcare Services</b> 333 E. Six Forks Rd, Suite 100 Raleigh, NC 27609 919-783-8080	<b>Psychiatric Services</b> ; individual and family therapy, clinical assessments (ages 4 and up). Accepts Medicaid, Medicare, Tricare, Health choice, and Sliding scale fee
<b>Dove Supportive Services</b> 3900 Barrett Dr., Ste 101 Raleigh, NC 27609 919-786-4388	Individual and group counseling for children (ages 6 and up), adolescents, and adults
<b>Healthy Minds Now</b> 300 Asheville Ave., Ste. 240 Cary, NC 27518 919-346-3363 <a href="http://www.healthymindsnow.com">www.healthymindsnow.com</a>	<i>Psychiatric services</i> , Diagnostic assessments, Outpatient Therapy, Medication management, Groups for adolescents with Depression, Anger, Self-esteem issues, Parenting Skill Building
<b>Gateway Community Initiative, Inc</b> 1401 N Areneel Ave. Zebulon, NC 27614 919-896-4380	Individual and group therapy for children (age 6 and up), adolescents and adults. <b>Provides therapy in-home afternoon, evening and weekend services available.</b> Specializes in PTSD, depression, conduct disorder and substance abuse Accepts DSS, DWI and court mandated clients Accepts <b>Medicare</b> , Medicaid, Aetna, BCBS, Humana, Tricare, sliding scale
<b>Yvonne James MS, LCAS</b> 3753 Horseshoe Farm St. Raleigh NC 27610 919-896-6981	Individual therapy for adults. Specializes in substance abuse <b>Provides therapy in client's homes</b> Medicaid and sliding scale
<b>Jennifer Kaylor, MSW, LCSW</b> 211 E. Six Forks Rd. Suite 201, Raleigh, NC 27609 919-397-5111	Serves children (age 5 and up), adolescents, adults, and geriatric populations. Clinical assessments, family therapy, individual therapy, and substance abuse. Specializes in PTSD, anxiety and depression, behavioral issues, anger management in adolescents. <b>Accepts Medicaid</b>
<b>Living Well Behavioral Health, Inc.</b> 1300 Benson Rd, Ste. 110 Garner, NC 27529 919-803-2111 <a href="http://www.livingwellinc.com">www.livingwellinc.com</a>	<i>Psychiatric services</i> for adults, children, and adolescents. <b>Accepts Medicare</b> , Medicaid, BCBS, United Health Care, Cigna & Tricare

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<b>Jennifer McLucas LCSW, LCAS</b> 602 E. Academy St. Suite 103 Fuquay-Varina, NC 27576 919-413-1668 <a href="http://www.jennifermclucaslcsw.com">www.jennifermclucaslcsw.com</a>	Individual therapy for adults. Specializes in substance abuse, dual diagnosis and chronic illness <b>Accepts Medicare, Medicaid, Coventry, Tricare, BCBS</b>
<b>New Leaf Behavioral Health</b> 3725 National Drive, Ste 220, Raleigh NC 27612 919-781-8370 <a href="http://www.nlbh.org">www.nlbh.org</a>	<b>Psychiatric services</b> 40 therapists on staff with a wide range of specialties; works with children (ages 3 and up), adolescents, and adults. <b>Provides therapy in-home for clients with Medicaid.</b> Accepts Medicaid, most insurance, sliding scale
<b>Progressive Healthcare and Counseling Services, Inc.</b> 4086 Barrett Dr. Raleigh, NC 27609 or 820 B College St. Clinton, NC 28328 919-520-1783	<b>Psychiatric services;</b> individual and group therapy for children (age 5 and up), adolescents and adults. Specializes in Substance abuse, sexual abuse, offenders, personality disorders, PTSD, and Disruptive Behavior problems. <b>Accepts Medicaid</b>
<b>Psych Support</b> 211 E. Six Forks Rd, Ste 204 Raleigh, NC 27609 919-850-3480	<b>Psychiatric services;</b> in-home and office based therapy for adults; Dual Diagnosis
<b>Straight Walk Family Services</b> 3101 Stonybrook Dr. Ste 108 Raleigh NC 27604 919-747-9172	<b>Psychiatric services, Spanish translator available,</b> Individual, family and group therapy for children(age 4 and up), adolescents and adults. Substance abuse counseling Tricare, BCBS, Health Choice, sliding scale
<b>Tooley Group</b> 106-D Ridgeview Dr. Cary, NC 27511 919-467-2464 <a href="http://www.toolevgroup.com">www.toolevgroup.com</a>	<b>Bilingual services;</b> sees children, adolescents, adults, and couples for therapy; <b>psychological testing</b>
<b>Triangle Family Services</b> 3937 Western Blvd. Raleigh, NC 27606 919-821-0790 <a href="http://www.tfsnc.org">www.tfsnc.org</a>	<b>Psychiatric services, Bilingual services,</b> individual and family therapy for adults, children, and adolescents, <b>psychological testing,</b> HIV/AIDS counseling, <b>Accepts Medicare</b>
<b>Triumph</b> 5505 Creedmoor Rd, Ste 100 Raleigh, NC 27612 919-852-5352 <a href="http://www.triumphcares.com">www.triumphcares.com</a>	<b>Psychiatric services, psychological testing,</b> in-home and office based therapy for children, adolescents, and adults <b>Accepts Medicare</b>
<b>Wake Counseling Associates, PLLC</b> 1008 Big Oak Ct. Knightdale, NC 27545 919-200-6091 OR 919-723-8306 <a href="http://www.wakecounseling.com">www.wakecounseling.com</a>	Child (ages 7 and up), adolescent & adult therapy: individual, group, marriage & family therapy, anger management, parenting skills; Evening hours are available Medicaid, Cigna, BCBS, Sliding scale fees
<b>Wake Teen</b> 505 Oberlin Rd, Ste 204 Raleigh, NC 27605 919-828-0035 <a href="http://www.waketeen.org">www.waketeen.org</a>	<b>Psychiatric services</b> available to active therapy clients; Individual and family therapy
<b>Wellness Supports</b> 8390 Six Forks Rd., Ste. 201 Raleigh, NC 27615 919-782-8730 <a href="http://www.wellnessupports.com">www.wellnessupports.com</a>	<b>Psychiatric services,</b> individual and family counseling for children, adolescents, and adults